

MUSIC  
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How many times do you listen to the radio? Music gives you a boost of energy, I know it does for me, especially if it's an old song that you haven't heard for a while, or a memory of years past. Music is always there to make yourself, or everyone around you feel good.

This year I have asked Department President Jean Drew to sing one verse of a patriotic song at **all** Executive Board Meetings. I will make sure to have copies of the song of the day.

Did you know that Music can also help with education. Either formal or informal, it can enhance cognitive skills, improve academic performance and creative social skills, and emotional development.

**COGNITIVE** accelerates brain development related to language, processing sounds, and reading skills.

**MEMORY AND FOCUS** activating different parts of the brain, enhancing mood, and reducing stress, helping students concentrate better and to retain Information better.

**ACADEMIC** to achieve higher grade averages, improve literacy skills. Better habits for studying in school can help achieve a better outlook.

\*\* more information on how I would like you to use this will be in the education report\*\*