



American Legion  
Department of New Hampshire  
3<sup>rd</sup> District

5AUG2024

**2024-2025 District 3 Officers**

Position	Name	Post	Phone	Email
Commander	Paul Evans	Post 114	603-583-1944	<a href="mailto:paulevans.mail15@gmail.com">paulevans.mail15@gmail.com</a>
Sr. Vice Commander	Frank Perry	Post 67	603-340-5659	<a href="mailto:frankperryjr@gmail.com">frankperryjr@gmail.com</a>
Jr. Vice Commander	David Eddy	Post 47	207-752-1077	<a href="mailto:davideddyalpost47@gmail.com">davideddyalpost47@gmail.com</a>
Adjutant	Michael P. MacLellan	Post 32	518-334-3037	<a href="mailto:MPMacLellan@gmail.com">MPMacLellan@gmail.com</a>
Finance Officer	Tia Lantiegne	Post 67	603-731-1275	<a href="mailto:tialantiegne@gmail.com">tialantiegne@gmail.com</a>
Service Officer	Kenneth Stanley	Post 7	603-970-0307	<a href="mailto:Ksstanley@comcast.net">Ksstanley@comcast.net</a>
Chaplain	Joseph Bystrek	Post 114	603-781-5596	<a href="mailto:indvilarms@aol.com">indvilarms@aol.com</a>
Judge Advocate	Roger Russo	Post 32	603-944-3107	<a href="mailto:legionpost32exeter@gmail.com">legionpost32exeter@gmail.com</a>
Sgt-at-Arms	Bruce Trefethen	Post 114	603-781-5214	<a href="mailto:bruce@q-i-c.com">bruce@q-i-c.com</a>

**2024-2025 District 3 Meeting Schedule**

**ALL Meetings are at Rollinsford Post 47 at 1900 hours**

*The memorial service is still in Somersworth in May*

<u>Date</u>	<u>Notes</u>
09-Aug-24	
13-Sep-24	
11-Oct-24	
08-Nov-24	<b>Fall Conference</b>
13-Dec-24	
10-Jan-25	
14-Feb-25	
14-Mar-25	
11-Apr-25	<b>Spring Conference</b>
09-May-25	<b>Memorial Service</b> Somersworth Post 69

**District Post Contact Information**

<b>Post 6 Portsmouth</b>	Commander	Frank Desper	603-953-5347	<a href="mailto:cmdr.post6@gmail.com">cmdr.post6@gmail.com</a>
	Adjutant	Frank Capalare	603-969-0647	<a href="mailto:fpcapal70@gmail.com">fpcapal70@gmail.com</a>
<b>Meetings are the 3rd Thursday of each month @ 6:00 pm</b>				
<b>Post 7 Rochester</b>	Commander	Robert Talbot	603-781-7750	<a href="mailto:thetalbots827@gmail.com">thetalbots827@gmail.com</a>
	Adjutant	Ron Taylor	603-767-0889	<a href="mailto:rmtaylor@metrocast.net">rmtaylor@metrocast.net</a>
<b>Meetings are the 2nd Tuesday of each month @ 7:00 pm</b>				
<b>Post 8 Dover</b>	Commander	Wayne Gower	603-732-2302	<a href="mailto:mnrchfan@yahoo.com">mnrchfan@yahoo.com</a>
	Adjutant	Douglas Beauregard	603-608-7897	<a href="mailto:dugofwar@yahoo.com">dugofwar@yahoo.com</a>
<b>Meetings are the 4th Tuesday of each month @ 6:30 pm</b>				
<b>Post 32 Exeter</b>	Commander	Roger Russo	603-944-3107	<a href="mailto:legionpost32exeter@gmail.com">legionpost32exeter@gmail.com</a>
	Adjutant	Michael MacLellan	518-334-3037	<a href="mailto:MPMacLellan@gmail.com">MPMacLellan@gmail.com</a>
<b>Meetings are the 2nd Wednesday of each month @ 6:00 pm</b>				
<b>Post 35 Hampton</b>	Commander	Berk Bennett	603-918-7847	<a href="mailto:berk.bennett@gmail.com">berk.bennett@gmail.com</a>
	Adjutant	Michael Michaud	603-339-1038	<a href="mailto:mmichaud.outdoors@yahoo.com">mmichaud.outdoors@yahoo.com</a>
<b>Meetings are the 3rd Monday of each month @ 7:00 pm</b>				
<b>Post 47 Rollinsford</b>	Commander	Myron Crossley	603-833-0782	<a href="mailto:myronpost47@gmail.com">myronpost47@gmail.com</a>
	Adjutant	David Eddy	207-7521077	<a href="mailto:davideddya1post47@gmail.com">davideddya1post47@gmail.com</a>
<b>Meetings are the 2nd Tuesday of each month @ 6:00 pm</b>				
<b>Post 51 Epping</b>	Commander	Wallace Hosmer	603-418-4233	<a href="mailto:wallyhosmer@gmail.com">wallyhosmer@gmail.com</a>
	Adjutant	William Dougherty	603-682-4635	<a href="mailto:wdoug1965@hotmail.com">wdoug1965@hotmail.com</a>
<b>Meetings are the 2nd Tuesday of each month @ 7:00 pm</b>				
<b>Post 60 Farmington</b>	Commander	Garry Mosher	603-781-0596	<a href="mailto:gmosher@cmonitor.net">gmosher@cmonitor.net</a>
	Adjutant	Sam Daigle	603-531-7669	<a href="mailto:sam.daigle@roadrunner.com">sam.daigle@roadrunner.com</a>
<b>Meetings are the 1st Tuesday of each month @ 7:00 pm</b>				
<b>Post 61 Milton</b>	Commander	Ed Beaulieu	908-477-9388	<a href="mailto:safeecb@yahoo.com">safeecb@yahoo.com</a>
	Adjutant	Dana Wilson	603-507-1671	<a href="mailto:dwwilson@ccsnh.edu">dwwilson@ccsnh.edu</a>
<b>Meetings are the 2nd Wednesday of each month @ 7:00pm</b>				
<b>Post 67 Newmarket</b>	Commander	Alex Scott	603-842-9007	<a href="mailto:scottar429@gmail.com">scottar429@gmail.com</a>
	Adjutant	Vacant		
<b>Meetings are the 1st Wednesday of each month @ 7:00pm</b>				



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Department of New Hampshire  
3<sup>rd</sup> District

5AUG2024

**Post 69 Somersworth**

Commander  
Adjutant

Mariann Germain  
William Guilmette

Meetings are the **3rd Monday** of each month @ 7:00pm

603-767-3948

[mariannluvsbears@yahoo.com](mailto:mariannluvsbears@yahoo.com)

603-969-8163

[Billyg427@gmail.com](mailto:Billyg427@gmail.com)

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**Post 70 Seabrook**

Commander  
Adjutant

James Brown Jr.  
Ernest Henry

Meetings are the **2nd Monday** of each month @ 7:00pm

603-918-2120

[badblood1024@gmail.com](mailto:badblood1024@gmail.com)

603-474-9779

[erniehenry30@gmail.com](mailto:erniehenry30@gmail.com)

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**Post 73 Northwood**

Commander  
Adjutant

No Information on this Post

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**Post 105 Kensington**

Commander  
Adjutant

Ronald Strickland  
Kenneth Steeves

Meetings are the **1st Wednesday** of each month @ 7:00 pm

603-642-5993

[kwsailor@earthlink.net](mailto:kwsailor@earthlink.net)

603-793-3351

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**Post 114 Barrington**

Commander  
Adjutant

Bruce Trefethen  
Paul Evans

Meetings are the **4th Thursday** of each month @ 7:00 pm

603-781-5214

[bruce@q-i-c.com](mailto:bruce@q-i-c.com)

603-583-1944

[paulevans.mail15@gmail.com](mailto:paulevans.mail15@gmail.com)

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