



American Legion  
 Department of New Hampshire  
 3<sup>rd</sup> District

29 SEP 2025

**District 3 Officers  
 2025-2026**

Position	Name	Post	Phone	Email
Commander	Tia Lantiegne	Post 32	603-731-1275	<a href="mailto:tialantiegne@gmail.com">tialantiegne@gmail.com</a>
Sr. Vice Commander	Frank Perry	Post 32	603-340-5659	<a href="mailto:frankperryjr@gmail.com">frankperryjr@gmail.com</a>
Jr. Vice Commander	Roger Russo	Post 32	603-944-3107	<a href="mailto:legionpost32exeter@gmail.com">legionpost32exeter@gmail.com</a>
Adjutant	Michael P. MacLellan	Post 32	518-334-3037	<a href="mailto:MPMacLellan@gmail.com">MPMacLellan@gmail.com</a>
Finance Officer	Keith Ferguson	Post 69	339-205-4999	<a href="mailto:keith.ferguson@munters.com">keith.ferguson@munters.com</a>
Service Officer	Kenneth Stanley	Post 7	603-923-0125	<a href="mailto:Ksstanley@comcast.net">Ksstanley@comcast.net</a>
Chaplain	Joseph Bystrek	Post 114	603-781-5596	<a href="mailto:indvilarms@aol.com">indvilarms@aol.com</a>
Judge Advocate	Berk Bennett	Post 35	603-918-7847	<a href="mailto:berk.bennett@gmail.com">berk.bennett@gmail.com</a>
Sgt-at-Arms	Bruce Trefethen	Post 114	603-781-5214	<a href="mailto:bruce@q-i-c.com">bruce@q-i-c.com</a>

**2025-2026 District 3 Meeting Schedule**

**ALL Meetings are at 1900 hours unless noted**

Date	Location	Notes
01 Aug 25	Rollinsford Post 47	
12 Sep 25	Rollinsford Post 47	
10 Oct 25	Hampton Post 35	
14 Nov 25	Barrington Post 114	<b>Fall Conference</b>
12 Dec 25	Rollinsford Post 47	
09 Jan 26	Seabrook Post 70	
13 Feb 26	Hampton Post 35	
13 Mar 26	Rollinsford Post 47	
10 Apr 26	Somersworth Post 69	<b>Spring Conf. &amp; Election of District 3 Officers</b>
08 May 26	Somersworth Post 69	<b>Memorial Service</b>

**District Post Contact Information**

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<b>Post 6 Portsmouth</b>			<b>Meetings are the 3<sup>rd</sup> Thursday of each month @ 6:00 pm</b>
Commander	Frank Desper	603-953-5347	<a href="mailto:cmdr.post6@gmail.com">cmdr.post6@gmail.com</a>
Adjutant	Beverly Stone	603-479-3358	<a href="mailto:stoneben@comcast.net">stoneben@comcast.net</a>

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<b>Post 7 Rochester</b>			<b>Meetings are the 2<sup>nd</sup> Tuesday of each month @ 7:00 pm</b>
Commander	Robert Talbot	603-781-7750	<a href="mailto:thetalbots827@gmail.com">thetalbots827@gmail.com</a>
Adjutant	Bryant Hudson	603-717-4734	<a href="mailto:bryant.hudson@hotmail.com">bryant.hudson@hotmail.com</a>

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<b>Post 8 Dover</b>			<b>Meetings are the 4<sup>th</sup> Tuesday of each month @ 6:30 pm</b>
Commander	Wayne Gower	603-732-2302	<a href="mailto:mnrchfan@yahoo.com">mnrchfan@yahoo.com</a>
Adjutant	Dana O'Hare	585-489-2490	<a href="mailto:danaohare@gmail.com">danaohare@gmail.com</a>

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<b>Post 32 Exeter</b>			<b>Meetings are the 2<sup>nd</sup> Wednesday of each month @ 6:00 pm</b>
Commander	Roger Russo	603-944-3107	<a href="mailto:legionpost32exeter@gmail.com">legionpost32exeter@gmail.com</a>
Adjutant	Michael MacLellan	518-334-3037	<a href="mailto:MPMacLellan@gmail.com">MPMacLellan@gmail.com</a>

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<b>Post 35 Hampton</b>			<b>Meetings are the 3<sup>rd</sup> Monday of each month @ 7:00 pm</b>
Commander	Berk Bennett	603-918-7847	<a href="mailto:berk.bennett@gmail.com">berk.bennett@gmail.com</a>
Adjutant	Michael Michaud	603-339-1038	<a href="mailto:mmichaud.outdoors@yahoo.com">mmichaud.outdoors@yahoo.com</a>

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<b>Post 47 Rollinsford</b>			<b>Meetings are the 2<sup>nd</sup> Tuesday of each month @ 6:00 pm</b>
Commander	Myron Crossley	603-833-0782	<a href="mailto:myronpost47@gmail.com">myronpost47@gmail.com</a>
Adjutant	David Eddy	207-7521077	<a href="mailto:davideddyalpost47@gmail.com">davideddyalpost47@gmail.com</a>

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<b>Post 51 Epping</b>			<b>Meetings are the 2<sup>nd</sup> Tuesday of each month @ 7:00 pm</b>
Commander	Wallace Hosmer	603-418-4233	<a href="mailto:wallyhosmer@gmail.com">wallyhosmer@gmail.com</a>
Adjutant	William Dougherty	603-682-4635	<a href="mailto:wdoug1965@hotmail.com">wdoug1965@hotmail.com</a>

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<b>Post 60 Farmington</b>			<b>Meetings are the 1<sup>st</sup> Tuesday of each month @ 7:00 pm</b>
Commander	Garry Mosher	603-781-0596	<a href="mailto:gmosher@cmonitor.net">gmosher@cmonitor.net</a>
Adjutant	Sam Daigle	603-531-7669	<a href="mailto:sam.daigle@roadrunner.com">sam.daigle@roadrunner.com</a>

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<b>Post 61 Milton</b>			<b>Meetings are the 2<sup>nd</sup> Wednesday of each month @ 7:00pm</b>
Commander	Ed Beaulieu	908-477-9388	<a href="mailto:safeecb@yahoo.com">safeecb@yahoo.com</a>
Adjutant	Michael Bernier	603-833-8431	<a href="mailto:michaelbernier99@gmail.com">michaelbernier99@gmail.com</a>

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<b>Post 67 Newmarket</b>			<b>Meetings are the 1<sup>st</sup> Wednesday of each month @ 7:00pm</b>
Commander	Darryl Walker	603-498-7960	<a href="mailto:commander@post67nh.org">commander@post67nh.org</a>
Adjutant	Tim Failey	603-365-8071	<a href="mailto:adjutant@post67nh.org">adjutant@post67nh.org</a>

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**Post 69 Somersworth**

Commander Keith Ferguson 339-205-4999  
Adjutant William Guilmette 603-969-8163

Meetings are the **3rd Monday** of each month @ 7:00pm

[keith.ferguson@munters.com](mailto:keith.ferguson@munters.com)  
[Billyg427@gmail.com](mailto:Billyg427@gmail.com)

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**Post 70 Seabrook**

Commander Jesse Brown Jr. 603-918-2120  
Adjutant Ernest Henry 603-474-9779

Meetings are the **2nd Monday** of each month @ 7:00pm

[badblood1024@gmail.com](mailto:badblood1024@gmail.com)  
[erniehenry30@gmail.com](mailto:erniehenry30@gmail.com)

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**Post 73 Northwood**

Commander  
Adjutant

No Information on this Post

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**Post 105 Kensington**

Commander Ronald Strickland 603-642-5993  
Adjutant Kenneth Steeves 603-793-3351

Meetings are the **1st Wednesday** of each month @ 7:00 pm

[kwsailor@earthlink.net](mailto:kwsailor@earthlink.net)

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**Post 114 Barrington**

Commander Bruce Trefethen 603-781-5214  
Adjutant Paul Evens 603-583-1944

Meetings are the **4th Thursday** of each month @ 7:00 pm

[bruce@q-i-c.com](mailto:bruce@q-i-c.com)  
[paulevans.mail15@gmail.com](mailto:paulevans.mail15@gmail.com)

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